

NAMI Missouri's WARMLine SUPPORTS RECOVERY!

When you have a mental illness, dealing with symptoms, expensive medicines, long waits for doctors appointments and misunderstandings about your illness can be terribly isolating. Even people with the very best of intentions sometimes don't understand the long road to recovery.



WE DO, because we have been where you are.

NAMI Missouri's

(National Alliance on Mental Illness)

FREE WARMLine service

is operated *by* mental health consumers
for mental health consumers.

You don't have to explain. We know.
The WARMLine offers words of encouragement
and compassion to mental health consumers
in 31 counties in central Missouri.

We are waiting for your call!

9 a.m.-5 p.m. weekdays,

3-9 p.m. weekends and holidays

7 days a week.



1-800-374-2138

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