

## NAMI Homefront course in Columbia this September

**NAMI Homefront** is a free education program for family, friends and significant others of Military Service Members and Veterans with mental health conditions. It focuses on the unique needs of military and veteran communities, such as post-deployment and post-discharge transitions.

**The course is designed** to help family members understand and support their loved one while maintaining their own well-being. The trained teachers of this course are also family members who have experience with military culture and know what it is like to have a loved one living with mental health conditions.

NAMI Missouri will offer NAMI Homefront in Columbia in September. The 3-session course will be held at Harry S. Truman Memorial Veterans' Hospital, 800 Hospital Dr. in Columbia, MO on 3 consecutive Saturdays in 2018: September 8, September 15 and September 22. Details and registration information is online at [namimissouri.org/Homefront](http://namimissouri.org/Homefront)

### NAMI Homefront Course Information

**Dates:** Sat., September 8, 15 & 22

**Time:** 9:00 am – 2:30 pm

**Location:** Harry S. Truman Memorial Veterans' Hospital

**Address:** 800 Hospital Dr., Columbia, MO 65201

**Notes:** This free, 3-session course will run for three consecutive Saturdays. Registration is required and lunch will be provided. Register online at [namimissouri.org/Homefront](http://namimissouri.org/Homefront)



### For more information, contact:

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### About NAMI

The National Alliance on Mental Illness is the nation's largest grassroots mental health organization dedicated to building better lives for those affected by mental illness. NAMI Missouri and dedicated volunteers, members and leaders work to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.