

nami | Missouri

SUPPORT | EDUCATION | ADVOCACY

Presentation Programs

NAMI In Our Own Voice

A presentation program to promote awareness of mental illness recovery through personal stories

NAMI Ending the Silence

A new stigma-busting presentation program primarily developed for high school age youth



NAMI Missouri Support Groups

FOR INDIVIDUALS WITH MENTAL ILLNESS AND THEIR FAMILIES

Find a support group near you, or attend a training to become qualified to lead a support group in your area

Family Education Programs

NAMI Family to Family

NAMI Family to Family is a free 12-session class for families, partners and friends of individuals living with mental illness.

NAMI Basics

NAMI Basics is a free 6-session class for parents and caregivers of children and teens experiencing symptoms of a mental illness.

NAMI Homefront

NAMI Homefront is a free 6-session class for families, partners and friends of military service members and veterans with mental health concerns.

More information on these programs available at namimissouri.org

AFFILIATES

NAMI Boonville • NAMI Columbia
NAMI Greater Kansas City • NAMI Joplin
NAMI Jefferson City • NAMI St. Louis
NAMI Southeast Missouri
NAMI Southwest Missouri

Peer support is available through the **NAMI Missouri WARMline**
1-800-374-2138
9am – 7pm weekdays
3pm – 9pm weekends



Partners in Policy This annual training promotes peer advocacy for mental health priorities.
Provider Workshops Three provider workshops are held each year for healthcare professionals.

Thank you for your support

All NAMI Missouri programs and services are offered free of charge. We could not do this important work without the generosity of our members, volunteers and supporters. Help us help others with a contribution to NAMI Missouri, either by mail or online at namimissouri.org/donate. You can also check our fundraising opportunities at namimissouri.org/fundraising.

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