



Support Education Advocacy Research

August 6, 2018

Dear Family Support Group Facilitators,

I want to send you a note to tell you how delighted I am that you will be attending the Family Support Group Facilitator Skills Workshop at Best Western Plus Capital Inn located at 1937 Christy Dr., Jefferson City, MO 65101 starting on Saturday, August 25 and ending on Sunday, August 26, 2018.

The training starts at 9:00 AM on Saturday, but be prepared and ready to check into the training room by 8:45 AM. It ends at approximately 4:30 PM on Sunday. Don't forget to take advantage of the continental breakfast offered at the hotel on Saturday and Sunday morning.

I will have your rooms reserved in your name for Friday and Saturday evenings. Your lodging, meals and materials are included in this. You will need to keep track of your mileage if you choose to be reimbursed. I will provide mileage reimbursement forms at the training. The lunch and dinner for Saturday & lunch on Sunday will be provided. Please let me know if you have any special dietary needs such as a food allergy and we will accommodate the best we can.

Come with comfortable clothes, a light jacket or sweater and be ready for an intensive training experience. We work hard all day, but we always save time in the late afternoon to relax and enjoy ourselves. The hotel does have an indoor pool. Please note that you must be a current paid NAMI member to be a Family Support Group Facilitator. If you are not a current member, I can help you join during the weekend training. We do have NAMI t-shirts, coffee mugs, pens and other items that will be available to purchase during the training weekend.

I look forward to meeting each of you. If anything should happen and you would need to cancel, please let me know asap. You can reach me for an emergency on my personal cell at (573) 301-7040.

Thank you,

Sonya Baumgartner
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