A vintage Navajo belt arrived in the mail at our NAMI Missouri Office in Jefferson City a few weeks ago. Made of leather, silver and turquoise cabochons, the belt belonged to the widow of a veteran of Vietnam and Desert Storm. It was purchased on the one-year anniversary of her husband’s death – a man she had been married to for nearly 49 years.

The woman, Dora Cole, was visiting a friend in New Mexico when she came across the item in a vintage jewelry shop. The shopkeeper, Asad, was also a veteran. He was an Iraqi soldier who served side-by-side with US troops as an interpreter for four years in Afghanistan. Like so many others, he struggled after experiencing the horrors of war. In time, he found peace.

The woman understood the struggle and the significance of finding peace. She felt a camaraderie with the kind shopkeeper. She purchased the belt with her husband in mind, and later made the decision to donate it to an organization that would be able to help others struggling to find peace within themselves. The donation was made in honor of her husband, Art, along with Asad and all veterans who have given so much.

For additional details, photos and bidding information, email info@namimissouri.org using the subject line “Belt Benefit”.

NAMI MISSOURI MENTAL HEALTH CONFERENCE
Saturday, April 13, 2019 Doubletree by Hilton, Jefferson City

The NAMI Missouri Annual Conference is a statewide one-day event designed to raise awareness of mental illness and NAMI Missouri’s work to support, educate and advocate on behalf of those living with mental health conditions and their families. The conference will be held Saturday, April 13, 2019 at the Doubletree by Hilton Hotel in Jefferson City. Doors open at 9:30 a.m. and the event begins at 10:00 with our Annual Membership Meeting, including board elections and bylaws updates. The meeting portion will conclude by 11:30 a.m., followed by lunch at noon. This year’s event features Keynote Speaker Amy Hoffman with “Everybody has a body: Recovering from Anorexia,” and special presenter Kyle Dooley on mental health and policing. The presentations will be followed by the awards ceremony, announcements and raffle winners, along with plenty of time to network with NAMI members from across the state before the event ends at 3:30 p.m. To register, see the form on the back of this newsletter or visit namimissouri.org/conference.

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3405 W. Truman Blvd., Suite 102, Jefferson City, MO 65109
Office: (573) 634-7727 • WARMline: (800) 374-2138 • namimissouri.org
In the Know

NAMI MISSOURI
MENTAL HEALTH CONFERENCE

Saturday, April 13, 2019
Doubletree by Hilton, Jefferson City
Doors open at 9:30 a.m.

Keynote Remarks by Amy Hoffman “Everybody has a body: Recovering from anorexia” with special presenter Kyle Dooley on Mental Health & Policing

Register at namimissouri.org/conference | 573-634-7727

Board of Directors
Diana Harper - President
Donald Schniepp - First Vice President
Rita McElhany - Second Vice President
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Alice Kliethermes - Director of Consumer Services
Kim Hoffman - Special Projects Coordinator
Nicole Baldwin - Peer Services Coordinator
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Jane Patten - Warmline Phone Responder
Barbara French - Warmline Phone Responder

Council Representatives
Stephanie Appleby
Peer Leadership Council
Mike Jones
Service Members, Veterans and their Families Council

Affiliates
NAMI Boonville
NAMI Columbia MO
NAMI Jefferson City
NAMI Joplin
NAMI Greater Kansas City
NAMI St. Louis
NAMI Southeast Missouri
NAMI Southwest Missouri

Contact us:
NAMI Missouri
3405 W. Truman Blvd. #102 • Jefferson City, MO 65109
Main 573-634-7727 • WARMline 800-374-2138
namimissouri.org • info@namimissouri.org

NAMI Missouri is the chartered state organization of the National Alliance on Mental Illness
MEMORIAL DONATIONS AND TRIBUTES

A donation by George & Yonnie Dikeou in honor of Wanda Rae Smith

A donation by Barbara Schmank in honor of Matthew Mastroianni

A donation by Sara & Aaron Hansen in honor of Jonathan Neil Hansen

A donation by Robert Marolf in honor of Evan Jolly

A donation by Michael Lafferty in honor of John Joseph Lafferty

A donation by Jean Rooney in honor of Jeffrey Soho

A donation by Convergence Manufacturers’ Representatives in Kansas City in honor of Jennifer Rios

Thank you to Danielle Gordon for selecting NAMI Missouri as the charity of choice in honor of Thomas and James Gordon through the Socket Telecom Employee Charitable Giving Program.

NAMI Missouri also wishes to acknowledge the generous support from the Edwin M. and Barbara J. Krigel Charitable Remainder Trust to promote positive mental health for youth in the Greater Kansas City area and across the state through NAMI Missouri’s Ending the Silence program.

THANK YOU TO OUR CONFERENCE SPONSORS AND SUPPORTERS

Champion Sponsor
Compass Health Network

Supporting Sponsor
Cox Automotive

Nonprofit partners
Missouri Mental Health Foundation
Missouri Telehealth Network
Missouri Protection & Advocacy Services
Greater Mid-Missouri American Foundation for Suicide Prevention (AFSP)
Missouri Alliance for Severe Mental Illness Exclusion (MASMIE)

Friend of NAMI
Dale Schotts

Visit namimissouri.org/advocacy to get involved in mental health policy and advocacy efforts.
**EDUCATION COURSES**

**NAMI Basics**

**NAMI Jefferson City**
Sun., March 17 – Sun., March 31 @ 1 - 5pm
Compass Health
227 Metro Dr., Jefferson City
Contact: 573-634-7727 | sonya@namimissouri.org
Register online at namimissouri.org/basics

**NAMI St. Louis - Kirkwood**
Thurs., March 7 – Thurs., April 11 @ 6:30 - 9pm
Diversified Health & Wellness Center
11042 Manchester Road, Kirkwood
Contact: 314-962-4670 | info@namistl.org
Register online at namistl.org

**NAMI St. Louis – St. Peters**
Tues., April 23 – Tues., May 28 @ 6:30 - 9pm
Grace United Church of Christ
8326 Mexico Rd. St. Peters
Contact: 314-962-4670 | info@namistl.org
Register online at namistl.org

**NAMI Southwest Missouri – Springfield**
Sat., March 30 – Sat., May 4 @ 9am - 2pm
Macedonia Baptist Church
3110 W Sunshine St., Springfield
Contact: 417-864-7119 | nami@namiswa.com
Register online at namiswa.com

**NAMI Greater Kansas City – Kansas City**
Mon., April 22 – Mon., July 8 @ 6:30 - 8:30pm
Research Psychiatric Center
2323 E 63rd St. Kansas City, MO
Contact 816-786-5213 | simondscat@gmail.com
Register online at namimissouri.org/FTF

**NAMI Southeast Missouri - Cape Girardeau**
Thurs., April 4 - Thurs., June 20 @ 6 - 8pm
Saint James AME
516 North St., Cape Girardeau
Contact: 573-634-7727 | sonya@namimissouri.org
Register online at namimissouri.org/FTF

**NAMI Homefront**

NAMI Homefront is now offered online!

Attending an in-person class can be difficult for busy individuals and families. NAMI Homefront is designed for family members and loved ones of service members and veterans experiencing mental health concerns, and it’s now available online. Classes meet weekly in a virtual classroom, so participants can experience interaction and learning similar to traditional in-person classes. To learn more and to register, visit namimissouri.org/homefront.

**Mental Health and Allied Provider Workshop**

NAMI Missouri will be holding a Provider Workshop at the University of Central Missouri (UCM) in Warrensburg on Tuesday, June 11, 2019. Advance registration is required and lunch is provided at no cost. Continuing Education Units (CEUs) are available for this free 6-hour course, however you must attend the entire course to qualify for CEUs. Participants earn the equivalent of: 5.5 Clock Hours, 6.7 Contact Hours, or .67 Continuing Education Units, which will be issued by the Missouri Institute of Mental Health (MIMH). The workshop is being offered through a contract with the Missouri Department of Mental Health. For additional information and to register, visit us online at namimissouri.org/ProviderWorkshop.
Trainings

Training sessions provide the tools and certifications you need to teach a family education course, give presentations or facilitate a support group. Trainings are currently being offered at no cost to participants thanks to grant and contract funding through SAMHSA and the Missouri Department of Mental Health. Training includes hotel, meals, materials and instruction. Registration is required and courses do fill up.

REGISTER FOR A TRAINING AND BECOME CERTIFIED TO:

GIVE PRESENTATIONS

In Our Own Voice
In Our Own Voice is a presentation by individuals living with mental health conditions who share their personal stories to promote awareness of mental illness recovery. Register to attend an upcoming training to become part of an In Our Own Voice presenter team. To learn more, visit namimissouri.org/inourownvoice

In Our Own Voice Presenter Training
Best Western Plus Capital Inn, Jefferson City
Fri., May 3 - Sat., May 4, 2019
Application Deadline - April 2, 2019

Ending the Silence for Students
NAMI’s new in-school presentation program teaches high school students the warning signs of mental health conditions and how to respond. It includes an informative presentation by a lead presenter and a young adult who shares their journey of recovery. Learn more and register at namimissouri.org/ETS

Ending the Silence Presenter Training
MO Coalition Kathy Carter Bldg., Jefferson City
Friday, June 28, 2019 @ 10:00 am
Application deadline: May 24, 2019
Now recruiting youth presenters age 18-30

FACILITATE A SUPPORT GROUP

Connection Support Groups
Connection Recovery Support Groups are for individuals living with mental health conditions. Attend a training to become a support group facilitator. To learn more, visit namimissouri.org/support

NAMI Connection Recovery Support Group Facilitator Training
Best Western Plus Capital Inn, Jefferson City
Fri., Aug. 9 - Sun., Aug. 11, 2019
Application Deadline - July 8, 2019

NAMI Family Support Groups
Family Support Groups are for family members of people living with mental illness. Attend a training to become a support group facilitator. To learn more, visit namimissouri.org/support

NAMI Family Support Group Facilitator Training
Best Western Plus Capital Inn, Jefferson City
Sat., Sept. 7 - Sun., Sept. 8, 2019
Application Deadline – Aug. 5, 2019

TEACH A COURSE

Family to Family
Family to Family is a free class for families, partners and friends of individuals with mental illness. If you’ve taken the course, attend a training to become certified to teach it to others. To learn more, visit namimissouri.org/FTF

NAMI Family to Family Teacher Training
Best Western Plus Capital Inn, Jefferson City
Fri., July 12 - Sun., July 14, 2019
Application Deadline – June 14, 2019

NAMI Basics
Basics is a free class for parents and caregivers of children and teens with mental health conditions. If you’ve taken the course, attend a training to learn to teach it to others. Visit namimissouri.org/basics

NAMI Basics Teacher Training
Best Western Plus Capital Inn, Jefferson City
Fri., May 31 - Sun., June 2, 2019 Application Deadline – April 29, 2019

FOR INFORMATION ON TRAINING OR OTHER OPPORTUNITIES

• Individuals with mental illness - contact Alice Kliethermes at alice@namimissouri.org
• Family members - contact Sonya Baumgartner at sonya@namimissouri.org

Not sure who to contact? Email info@namimissouri.org and we’ll get you to the right place!
NAMI Family Support Groups
For family members of individuals with mental illness or mental health concerns

NAMI Boonville
Boonville - Family Support Group
Monthly - 2nd Tuesday @ 6:30-8:00 pm
Nelson Memorial United Methodist Church
407 E. Spring St., Boonville
Email: namiboonville@gmail.com

NAMI Columbia MO
Columbia - Family Support Group
Monthly - 2nd Monday @ 6:30-9:00 pm
Presentation @ 6:30; Group @ 7:30 pm
Unity Center, 1600 W Broadway, Columbia
Contact: Tim Harlan, 573-874-2402
Email: tharlan@harlan-still.com

NAMI Joplin
Joplin - Family Support Group
Monthly - 2nd Tuesday @ 6:30-8:00 pm
NAMI Joplin Office
1601 S Wall Ave., Joplin
Contact: 417-781-6264
Email: namijoplin@cableone.net

NAMI Southwest Missouri
Springfield - Family Support Group
1st & 3rd Mondays @ 7:00-8:30 pm
NAMI Southwest Missouri Office
1443 N Robberson #408, Springfield
Contact: Les Joslyn, 417-839-4682
Email: ljoslyn@sbcglobal.net

NAMI St. Louis
NAMI St. Louis Support Groups
are listed below. If no contact information is provided for a St. Louis area support group, contact 314-962-4670 or johnston@namistl.org. Full NAMI St. Louis support group lists and details are online at www.namistl.org/support-groups

Arnold - Family Support Group
Monthly - 1st Thursday @ 7:00-8:30 pm
New Hope UMC, Rm 106
(Enter through white doors in back)
3921 Jeffco Blvd., Arnold
Contact: Russell or JoAnn, 314-293-1512
Email: joannechartley@gmail.com

Chesterfield - Family Support Group
Monthly - 3rd Monday @ 7:00-8:30 pm
Trinity Lutheran Church, Rm 258
14080 Clayton Rd., Chesterfield
Contact: Jerry Spector, 636-532-0027
Email: jbs1111@sbcglobal.net

Clayton - Family Support Group
Monthly - 3rd Thursday @ 7:00-8:30 pm
First Congregational Church
6501 Wydown Blvd., Clayton

Kirkwood - Family Support Group
Monthly - 4th Thursday @ 7:00-8:30 pm
Kirkwood United Methodist Church Rm. 115
201 W Adams, Kirkwood

Kirkwood - Family Support Group
Monthly - 4th Wednesday @ 7:00-8:30 pm
Eliot Chapel, 100 S Taylor Ave., Kirkwood
Email: fog65@yahoo.com

Maplewood - Family Support Group
Monthly - 1st Thursday @ 7:00-8:30 pm
Christ Church, 2200 Bellevue Ave., Maplewood

St. Charles - Family Support Group
Monthly - 1st Thursday @ 7:00-8:30 pm
NAMI St. Louis Tri-County Office
200 S Kingshighway #101, St. Charles
Contact: Bonnie, 314-974-4694
Email: bcran0228@aol.com

St. Peters - Family Support Group
Monthly - 3rd Tuesday @ 7:00-8:30 pm
Christ Church, 2200 Bellevue Ave., Maplewood

Webster Groves - Fam Supp Group
Monthly - 2nd Tuesday @ 6:30-8:00 pm
Webster Hills United Methodist Church
Christian Life Center, Library Room
598 W Lockwood, Webster Groves
Contact: Judy Larson, 314-922-4693
Email: judylarson@gmail.com

NAMI Basics Support Groups are Family Support Groups that place a special emphasis on support for parents and caregivers of children, teens and young adults with behavioral and mental health concerns.

NAMI Greater Kansas City
Lee’s Summit - Basics Support Group
Monthly - 3rd Tuesday @ 6:00-8:00 pm
ReDiscover, Bldg. A #1595
1555 NE Rice Rd., Lee’s Summit
Email: namibasics@yahoo.com

NAMI St. Louis
Arnold - Basics Support Group
Monthly - 3rd Thursday @ 7:00-8:30 pm
New Hope UMC
3921 Jeffco Blvd., Arnold
Email: STLBasicsGroup@gmail.com

Support Groups

NAMI Basics Support Groups are Family Support Groups that place a special emphasis on support for parents and caregivers of children, teens and young adults with behavioral and mental health concerns.
NAMI Connection Recovery Support Groups

For individuals living with mental illness or mental health concerns

NAMI Columbia MO
Columbia
Connection Recovery Support Group
Monthly - 2nd Monday @ 6:30-9:00 pm
Presentation @ 6:30; Group @ 7:30
UnityCtr, 1600W Broadway, Columbia
Contact: Tim Harlan, 573-874-2402
Email: tharlan@harlan-still.com

NAMI Jefferson City
Jefferson City
Connection Recovery Support Group
Monthly - 1st Monday @ 6:30-8:30 pm
Presentation @ 6:30; Group @ 7:30
Central United Church of Christ
118 W Ashley Street, Jefferson City
Email: namijcmo@gmail.com

NAMI Joplin
Joplin
Connection Recovery Support Group
Every Tuesday @ 6:30-8:00 pm
NAMI Joplin Office, 1601 S Wall Ave, Joplin
Contact: 417-781-6264
Email: namijoplin@cableone.net

NAMI Greater Kansas City
Midtown Kansas City
Connection Recovery Support Group
Every Tuesday @ 7:15-8:30 pm
Westport Presbyterian Church
201 Westport Rd, Kansas City, Mo
Email: violamom@gmail.com (Patty)

Lee’s Summit
Connection Recovery Support Group
Every Tuesday @ 7:00-8:30 pm
1st Presbyt. Church - Basement Rm 100
1625 NW Obrien Rd, Lee’s Summit
Contact: Marty Sexton, 816-738-3066
Contact: Tricia Wear, 816-810-1414
Email: help4distress@gmail.com

Belton
Connection Recovery Support Group
1st & 3rd Mondays @ 6:00-8:00 pm
LifeQuest Church
1400 N Scott Ave, Belton
Email: allaboutrockllc@yahoo.com
Email: teegarden.shawn@icloud.com

Gladstone
Connection Recovery Support Group
Every Tuesday @ 7:00-8:00 pm
Northland Behavioral Health & Wellness
119 NE 72nd St., Gladstone
Contact: Gabriel, 816-200-7424
Email: gabrielnamicomnection@gmail.com

St. Joseph
Connection Recovery Support Group
Every Thursday @ 7:00 pm
Missouri Care
3831A Frederick Ave., St. Joseph
Contact: Kevin Williams, 727-543-9408
Email: kevinwilliams.clncc@gmail.com

NAMI St. Louis
NAMI St. Louis Support Groups
are listed below. If no contact information is
provided for a St. Louis area support group,
contact 314-962-4670 or jjohnston@namistl.
org. Full NAMI St. Louis support group lists and
details are online at
www.namistl.org/support-groups

Clayton
Connection Recovery Support Group
Monthly - 3rd Saturday @ 2:00 - 3:00 pm
First Cong. Church. 1st floor parlor
6501 Wyndown Blvd., Clayton

St. Charles
Connection Recovery Support Group
Every Monday @ 6:30-8:00 pm
Friedens United Church of Christ
1703 Old Hwy. 94 South, St. Charles
Contact: Jim Eyman, 314-808-5551
Contact: Tricia Wear, 816-810-1414
Email: help4distress@gmail.com

St. Louis (Delmar)
Connection Recovery Support Group
1st & 3rd Sundays @ 2:00-3:30 pm
Grace and Peace Fellowship Church
5574 Delmar, St. Louis
Contact: Rose Schulte, 314-716-2210
Email: roseschulte@gmail.com

St. Peters
Connection Recovery Support Group
Monthly - 3rd Tuesday @ 7:00-8:30 pm
Grace United Church of Christ
8326 Mexico Rd, St. Peters

NAMI Southeast Missouri
Sikeston
Connection Recovery Support Group
Every Tuesday @ 9:00-1:00 pm
Northland Behavioral Health & Wellness
119 NE 72nd St., Sikeston
Email: pezmama3@gmail.com

Springfield
Connection Recovery Support Group
Monthly - 3rd Tuesday @ 7:00-8:30 pm
Grace United Church of Christ
8326 Mexico Rd, St. Peters

NAMI Southwest Missouri
Springfield
Connection Recovery Support Group
Every Tuesday @ 10:00-11:30 am
The Hope Center
1443 N Robberson Ave, #408, Springfield
Contact: 417-864-3027
Email: nami@namiswmo.com

Peer support and resources
are available through the

NAMI Missouri WARMline
800-374-2138
9am – 5pm on weekdays, and
3pm – 9pm on weekends and holidays

Good Support Never
Goes Out of Style

Visit namimissouri.org/warmline to learn more.
The NAMI Missouri Annual Conference will be held Saturday, April 13, 2019, at the Doubletree by Hilton Hotel in Jefferson City. Doors open at 9:30 am and the event begins at 10:00 am. For additional information and to register, visit namimissouri.org/conference.

Name _____________________________________________________________   Phone  __________________________________
Address _______________________________________________________   City _________________________________________
State ____________________________   Zip _____________   Email ___________________________________________________

Send form and payment to:
NAMI Missouri
3405 W. Truman Blvd. #102
Jefferson City, MO 65109

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Friends of NAMI Missouri registration  (Friends of NAMI Missouri registration level includes event ticket or tickets at a reserved table, sponsor designation & recognition in event materials.)

Become a NAMI Member or renew now
☐ $40 Individual membership  ☐ $60 Family/Household  ☐ $5 Open door/Limited Income

☐ $25 NAMI member   ☐ $35 Non-member   ☐ $10 Limited income   ☐ Fee waive request
☐ I wish to make an additional contribution of $ ________ to offset costs for those who are unable to pay.

Please notify us in advance of any required accommodations or dietary restrictions.

Friends of NAMI Missouri registration
☐ $100/person   ☐ $150/couple

Become a NAMI Member or renew now
☐ $40 Individual membership  ☐ $60 Family/Household  ☐ $5 Open door/Limited Income

☐ $25 NAMI member   ☐ $35 Non-member   ☐ $10 Limited income   ☐ Fee waive request
☐ I wish to make an additional contribution of $ ________ to offset costs for those who are unable to pay.

Please notify us in advance of any required accommodations or dietary restrictions.
The Annual Meeting is an opportunity for members to vote on updates and revisions to bylaws changes. All are welcomed to attend, but only members may vote. For information on voting by mail, email info@namimissouri.org. The NAMI Missouri bylaws were created in 1986 and have been amended 11 times since then but this year’s proposed amendments represent a major revision, including updates to outdated language and removal of descriptions and operating practices that were no longer accurate or valid. A summary of the proposed amendments is listed below. To review the full 12-page revisions document, visit namimissouri.org/conference and click on “bylaws amendments” or contact NAMI Missouri.

Preamble: Updates language that does not change the intent of the preamble and ensures language matches that used by NAMI (the national organization).

Article I – Membership: Updates language that does not change the intent of the article, clarifies that NAMI sets dues, updates the number/types of memberships, includes reference to the new affiliation process, updates the description of an affiliate in good standing, removes 60-day window for approval to ensure compliance with new affiliation processes, and includes new guidelines for affiliate naming conventions.

Article III – Membership Meetings: Updates language that does not change the intent of the article, updates annual meeting month requirement, clarifies that notice must be sent to members, replaces references to “I/FM members” with “members,” includes council representatives in the list of positions for which members vote, changes the reference to the “Bylaws and Resolutions Committee” to “Governance Committee,” and clarifies that proposed bylaws amendments must be sent to members.

Article IV – Board of Directors: Updates language that does not change the intent of the article, removes reference to the Chair of the Nominating Committee as a full member of the board, replaces the term “the mentally ill” with “individuals living with mental illness,” removes the phrase “or until their successors shall be duly qualified and elected” from language specifying board member term length, requires members receive notice of the slate of nominees instead of just affiliate leaders, removes staff bonding requirement, adds an option for additional board meetings.

Article V – Officers: Updates language that does not change the intent of the article, removes the automatic status of the Chair of the Nominating Committee as a full member of the board, changes “immediately preceding” to “prior to” as a board officer membership requirement, removes the requirement that the board president forward NAMI Missouri’s annual report to NAMI, removes the requirement that the board treasurer receives and records dues and disbursements, verify membership and be bonded, and ensures members of the Board are active members in NAMI Missouri.

Article VI – Standing and Special Committees: Updates language that does not change the intent of the article, formally changes the name of the “Bylaws and Resolutions Committee” to “Governance Committee,” includes the description of the Nominating Committee as described in Article IV.

Article VII – Executive Director: Changes the reference to the board “chairman” to “president.”

Article VIII – Missouri Representative to the NAMI Consumer Council: Updates language that does not change the intent of the article, updates the name to “Peer Leadership Council,” replaces “immediately preceding” with “prior to,” clarifies that the list of nominees should be sent to all members, not just affiliate leaders, and changes the nominating period to 60 days in advance of the annual meeting to match other nomination requirements.

Article IX – Missouri Representative to the NAMI Service Members, Veterans and their Families Council: Updates the name of the council from “NAMI Veterans and Military Council” to “NAMI Service Members, Veterans and their Families Council,” and updates the description and requirements to match those of the Peer Leadership Council.

Article X – Use of NAMI Name and Logo: Removes the line regarding NAMI affiliate names, which is included in Article I.

Article XI – Nondiscrimination: Replaces “handicap” with “ability,” and removes “creed.”

Article XII – Dispute Resolution: Clarifies dispute resolution process.

Article XIII – Adoption, Revision or Amendment of By-laws: Updates language that does not change the intent of the article and updates the name of the Governance Committee.

Article XIV – Non-for profit Corporation Law: Simplifies language.
REQUIRED NOTICE

BOARD MEMBER ELECTIONS

Five candidates have been nominated to fill five open positions on the NAMI Missouri Board of Directors. Directors may serve up to three consecutive 3-year terms, and are elected each year at the annual membership meeting. All are welcomed to attend, but only members may vote. For information on voting by mail, email info@namimissouri.org. Each candidate was asked to submit a brief bio and answer two questions about their interest in serving on the NAMI Missouri Board. Bios are included below and answers to the questions can be found on the website at namimissouri.org/conference by clicking on the "board elections" link.

**Anita Kiessling-Caver** is running for a first term on the NAMI Missouri Board of Directors. Dr. Anita Kiessling-Caver has been a practicing social worker for over 20 years. She has worked as a Clinical Administrator for agencies in Mid-Missouri developing unique programming for both adolescents and adults with a variety of mental health needs, including severe trauma, and personality disorders. Dr. Kiessling-Caver currently teaches graduate classes and has a private practice in Columbia, Mo. Her clinical specialty areas include personality disorders, anxiety disorders and bipolar disorder. She also continues to research in the area of early attachment security. She lives in Columbia with her husband of many years. She has two grown children and 2 grandchildren.

**James Owen** is running for a second term on the NAMI Missouri Board of Directors. James Owen is currently on the Board of Directors as well as Treasurer for NAMI Missouri. He is an attorney but currently serves as Executive Director for Renew Missouri, a statewide energy policy group. He has been involved with NAMI since 2012, when he served on the Board for NAMI Southwest Missouri in Springfield. When James was an Associate Circuit Judge in 2014, he helped to develop a Mental Health Treatment Court in Webster County. James currently lives in Columbia with his wife, Claire, and their daughter, Cecile.

**Eric Pahl** is running for a fourth term on NAMI Missouri Board of Directors. Eric is a longtime friend of NAMI and has been a member for the past fourteen years serving on the NAMI Missouri Board of Directors from 2007 through as Board Member, Board Treasurer, 2nd Vice President, and Family to Family Teacher. Eric, wife Ellen and two kids Reese & Parker live in Mokane, Missouri. His hobbies include all things Disney, vineyard management, social media blogging, and riding his bike on the Katy Trail. Eric considers it an honor to be nominated to serve on the NAMI Missouri Board of Directors again and if elected he is willing to serve in any capacity needed on the board.

**Christine Patterson** is running for a first term on NAMI Missouri Board of Directors. Christine Patterson is the Executive Director of NAMI St. Louis. Christine has her MA and Ph.D. in Sociology from the University of Missouri. She has almost 15 years of experience working in non-profits. Prior to her position at NAMI St. Louis, Christine worked for the Missouri Coalition for Community Behavioral Healthcare where she coordinated the Community Mental Health Liaison initiative, the Crisis Intervention Team (CIT) program, and the Zero Suicide initiative. Christine has also worked for Missouri Office of State Courts Administrator as a research analyst. She lives in Lake St. Louis with her husband, Brad and her four dogs.

**Don Schniepp** is running for a second term on NAMI Missouri Board of Directors. He has raised a child with a diagnosis of Bipolar, as well as a granddaughter with the initial diagnosis of Bipolar, but now with a character disorder. He lost his daughter to domestic violence and has been through numerous court trials. He has been with NAMI for 8-9 years. He has taught numerous Basic and Family to Family classes. He is a state trainer for Family to Family people who want to teach the course themselves. He has been on the NAMI Walk and currently is First Vice President on the State Board.

COUNCIL REPRESENTATIVE ELECTIONS

One candidate was nominated to fill the open position of NAMI Missouri Service Members, Veterans and their Families Council Representative. Candidates must be NAMI Missouri members in good standing and must be either a military service member or veteran or the close family member of a military service member or veteran.

**Lemuel Kimes** is running for a first term as NAMI Missouri Service Members, Veterans and their Families Council Representative. He is a veteran of the U.S. Navy Reserves, a trained NAMI Homefront Teacher, and the Missouri Representative to the National NAMI Military and Veterans Council. Mr. Kimes serves as an Adjunct Clinical Instructor at University of Missouri – Kansas City School of Social Work. He is also a member of the KCVA Mental Health Advocacy Council. Mr. Kimes has as MSW and bachelor’s degrees in Psychology/ Speech and Hearing Science.

THANK YOU

Thank you to retiring board members **Ed Bothe** and **Tim Harlan**, and outgoing council representative **Mike Jones** for your service and work in support of NAMI Missouri’s mission and goals.