Dear Family Support Group Facilitators,

Thank you for volunteering to serve as a NAMI Family Support Group Facilitator. We look forward to having you here on the weekend of Sept. 7-8 for the Family Support Group Facilitator Training.

The training will be held at the Best Western Capital Plus Inn located at 1937 Christy Dr., Jefferson City, MO 65101. Hotel rooms will be reserved for both Friday and Saturday nights for all attendees, except for those who have specifically noted that they would be arriving Saturday morning.

You may arrive any time Friday evening. The training will begin promptly at 9:00 am on Saturday morning. Please be prepared and ready to check into the training room at 8:45 am. All necessary supplies will be provided. Please dress comfortably. You may want to bring a light jacket or sweater in case the training room is chilly. The hotel serves a continental breakfast. Lunch and dinner will be catered on Saturday. Lunch will also be provided on Sunday. Please alert us ahead of time if you have any dietary restrictions or allergies. NAMI Missouri will reimburse you for dinner for both Friday and Sunday travel days, up to $14 per meal. Please save your receipts. We will provide further instructions on meal and mileage reimbursement at the training. The training will end no later than 6:00 pm on Sunday, Sept. 8. We will do our best to have you out sooner so you can get on the road.

You must be a NAMI Missouri member to become a support group facilitator. Member registration forms will be available at the training. We will also have NAMI Missouri t-shirts and other items for sale.

The hotel does have an indoor pool. Additional information on the hotel is online here. For questions regarding the hotel you may contact the hotel front desk directly at 573-635-4175.

Please let us know as soon as possible if you need to cancel so we can avoid additional room charges. More information, including the training schedule, is online here.

Thank you, and please let us know if have any questions.

Gena Terlizzi
Executive Director, NAMI Missouri
National Alliance on Mental Illness
573-634-7727