

Supporting families with a loved one with Borderline Personality Disorder (BPD)

NAMI Family Support Groups, offered by NAMI Affiliates in communities across the country, are free, confidential and safe groups of families helping other families who live with mental health challenges. NAMI Missouri is announcing a new NAMI Family Support Group specializing in offering support to families with a loved one who is living with BPD. This group will create a loving and supportive space to talk and share experiences for anyone who has a loved one living with BPD.

NAMI Missouri, the state organization of the National Alliance on Mental Illness, will offer its NAMI Family Support Group Program supporting families with BPD every 1st and 3rd Wednesday of each month, beginning Wednesday, January 20, 2021 from 6:00 to 7:30 pm.



What does BPD mean?

Historically, the term “borderline” has been the subject of much debate. BPD used to be considered to be on the ‘borderline’ between psychosis and neurosis. The name stuck, even though it does not describe the condition well, and in fact may be more harmful than helpful, with a history of misuse and prejudice. Current ideas about the condition focus on ongoing patterns of difficulty with self-regulation and trouble with emotions, thinking, behaviors, relationships and self-image.

To sign up and get the link to join, contact namifamilybpd@yahoo.com.

To sign up contact:
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About NAMI

NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Missouri and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.