

Meeting the Challenges in a Changing Mental Health System
NAMI Missouri Mental Health & Allied Provider Workshop
Tuesday, November 17, 2020

- 9:00 a.m. Welcome & Introduction to NAMI
Dawn Matthews, Director of Operations, NAMI Missouri
- 9:15 a.m. Youth, COVID Stress & Self Care
Laird Thompson “CHAP”, Team Leader – Disaster Relief Team, Show Me Hope
- 10:15 a.m. Psychiatric Medication Update
Austin Campbell, Pharm. D., MU Psychiatric Center
- 11:15 a.m. BREAK
- 11:30 a.m. What Hurts/What Helps
Terrance White, IOOV & Ending the Silence Presenter, NAMI Missouri
- 12:00 p.m. LUNCH
- 1:00 p.m. NAMI Family & Friends for Professionals
Amye Trefethen, Family and Youth Services, NAMI Missouri
Shawn Moore, LMSW, Executive Director, Caregivers on the Homefront
- 2:30 p.m. BREAK
- 2:45 p.m. Trauma Informed Care (Recorded Session)
Josh Varner, JAG Coordinator, Eldon High School
- 4:15 p.m. Wrap Up/Evaluation
Dawn Matthews, Director of Operations, NAMI Missouri

***The Workshop Evaluations and CEU request forms must be turned in upon conclusion of the workshop today.
Links will be provided in the CHAT area of Zoom.
BOTH FORMS are required for CEUs.**